

# April 2025 Vero Beach DayAway

Adult Enrichment & Respite Center  
Monday – Friday 7:30 am – 5:30 pm



Senior Resource  
ASSOCIATION

Promoting Independence in Our Community

**Morning Programs:**  
8:30 am -11:30 am

Morning Mingle & Coffee  
News & Review  
Chair Aerobics  
Chair Yoga  
Brain Games  
Arts & Crafts  
Tabletop Games  
Floor Games  
Patio Fun

**Lunch: 11:30 am-12:00 pm**  
**PM Snack: 2:30 pm**

**Rest Period/ Movie**  
**Matinee**

12:00 pm-1:30 pm

**Afternoon Programs:**  
1:30 pm - 5:30 pm

*Activities subject to change  
without notice*

**Location:**  
686 14th Street  
Vero Beach, FL 32960

**Main: 772.569.0760 ext.113**  
**Transport: 772.569.0903**

SeniorResourceAssociation.org

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <i>PET THERAPY 10AM</i> Afternoon Activities • Fitness Fun • Balloon Swat • Trivia Bingo • Free Choice Floor Game • Crosswords & Coloring	<b>2</b> <i>VB MUSEUM OF ART 10 AM</i> Afternoon Activities • Sit & Get Fit Exercise • Splattered Paint Beanbag Toss • Kick Ball • Table Top Activities & Trivia • Crosswords, Coloring, & Reading	<b>3</b> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> • Table Top Activities • Magic Table • Crosswords & Coloring • Reading Corner	<b>4</b> <i>VB ART CLUB 10 AM</i> Afternoon Activities • Light & Lively Exercise • Colorful Cans & Axe Throw • Bingo • Table Top Activities & Trivia • Crosswords & Coloring
<b>7</b> <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> • Table Top Activities • Know It All Trivia • Crosswords & Coloring • Reading Corner	<b>8</b> <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC THERAPY W/VNA 1:30PM</i> • Sticky Ball Target Toss • Bingo • Free Choice Floor Game • Crosswords & Coloring	<b>9</b> <i>VB MUSEUM OF ART 10 AM</i> Afternoon Activities <i>NUTRITION EDUCATION W/TC FOODBANK 1:30PM</i> • Corn Hole • Kick Ball • Table Top Activities & Trivia • Crosswords, Coloring, & Reading	<b>10</b> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> • Table Top Activities • Magic Table • Crosswords & Coloring • Reading Corner	<b>11</b> <i>VB ART CLUB 10 AM</i> Afternoon Activities • Light & Lively Exercise • Bowling Blast & Dice Game • Bingo • Table Top Activities & Trivia • Crosswords & Coloring
<b>14</b> <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> • Table Top Activities • 12 Months of Trivia • Crosswords & Coloring • Reading Corner	<b>15</b> <i>PET THERAPY 10AM</i> Afternoon Activities • Fitness Fun • Tulip Toss • Bingo • Free Choice Floor Game • Crosswords & Coloring	<b>16</b> <i>VB MUSEUM OF ART 10 AM</i> Afternoon Activities <i>BITES OF WISDOM WITH FLORIDA HEALTH 1:30PM</i> • Axe Throw • Kick Ball • Table Top Activities & Trivia • Crosswords, Coloring, & Reading	<b>17</b> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> • Table Top Activities • Magic Table • Crosswords & Coloring • Reading Corner	<b>18</b> Closed for Holiday
<b>21</b> <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> • Table Top Activities • 52 weeks of Trivia • Crosswords & Coloring • Reading Corner	<b>22</b> <i>PET THERAPY 10AM</i> Afternoon Activities • Fitness Fun • Pin Drop • Seasonal Bingo • Free Choice Floor Game • Crosswords & Coloring	<b>23</b> <i>VB MUSEUM OF ART 10 AM</i> Afternoon Activities • Sit & Get Fit Exercise • Smile Bean Bag Toss • Kickball • Table Top Activities & Trivia • Crosswords, Coloring, & Reading	<b>24</b> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> • Table Top Activities • Magic Table • Crosswords & Coloring • Reading Corner	<b>25</b> <i>VB ART CLUB 10 AM</i> Afternoon Activities • Light & Lively Exercise • Colorful Cans & Axe Throw • Bingo • Table Top Activities & Trivia • Crosswords & Coloring
<b>28</b> <i>PET THERAPY 10AM</i> Afternoon Activities <i>MUSIC W/ HOBO JIM 1:30PM</i> • Table Top Activities • Alphabet Antics • Crosswords & Coloring • Reading Corner	<b>29</b> <i>PET THERAPY 10AM</i> Afternoon Activities • Fitness Fun • Balloon Swat • Trivia Bingo • Free Choice Floor Game • Crosswords & Coloring	<b>30</b> <i>VB MUSEUM OF ART 10 AM</i> Afternoon Activities • Sit & Get Fit Exercise • Splattered Paint Beanbag Toss • Kick Ball • Table Top Activities & Trivia • Crosswords, Coloring, & Reading		