



Senior Resource
ASSOCIATION

Promoting Independence in Our Community

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FOR IMMEDIATE RELEASE

Senior Resource Association Hosts the Annual Senior Expo Indian River County's Largest Expo for Senior Health

Thursday, March 6, 2025, INDIAN RIVER COUNTY, Fla.– Senior Resource Association is excited to present the annual Senior Expo on Thursday, March 27, from 9 a.m. to 2 p.m. at the Indian River County Fairgrounds. This premier community event for seniors' health and wellness offers free admission and parking with complimentary shuttles to the entrance.

Meet and interact with more than 90 vendors providing a wide range of services and information tailored to seniors. Attendees will be able to receive free health screenings and attend various educational seminars.

Presentation schedule:

- 10 a.m. – Chris Stephenson, Director of Transportation, Senior Resource Association, “Transportation Solutions for the Community”
- 11 a.m. – Ron Radcliffe, LTCCP®, Owner/COO, Senior Helpers of the Treasure Coast, “Caring for our Senior Gems: Understanding the Progression of Dementia Related Disorders”
- 12 p.m. – James Wudel, MD, Cardiothoracic Surgeon, Cleveland Clinic Indian River Hospital, “Evolving Therapies in Cardiovascular Care”
- 1 p.m. – Heather Miranda, DrPH, MHA, RD, LDN, Executive Vice President, Treasure Coast Community Health, “Senior Health, Mind and Body”

"We are thrilled to host this well-attended annual event, which provides a unique opportunity for seniors to gather information, learn about local resources and engage with service providers all in one location," said Karen Deigl, SRA President and CEO.

The Senior Expo would not be possible without the generous support of our sponsors: Premier Sponsor - Cleveland Clinic Indian River Hospital; Platinum Sponsors - Renaissance Senior Living, Senior Helpers of the Treasure Coast, and Treasure Coast Community Health; and Gold Sponsors - AARP, Conforti & Hennig, New Vision Eye Center, and Whole Family Health Center.

For event information, please visit www.SeniorResourceAssociation.org.

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Senior Resource Association, Inc. (SRA) is a 501(c)(3) nonprofit organization and the Area Agency on Aging's designated Lead Agency for home and community-based care for the elderly in Indian River County. Since 1974, SRA continues to provide essential services and support for the community's older adults and their families. Promoting independence and dignity for all adults, SRA programs include Meals on Wheels, DayAway Adult Enrichment & Respite, In-Home Services, and Public Guardianship, as well as public and door-to-door transportation services. SRA is the Community Transportation Coordinator for Indian River and Martin counties, as designated by the Florida Commission for the Transportation Disadvantaged and has operated Indian River County's public transit program, GoLine, since 1992. To learn more, visit www.SeniorResourceAssociation.org.