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Promoting Independence in our Community

## FOR IMMEDIATE RELEASE

## John's Island Foundation Funds Project to Enhance Experiences of Senior Resource Association's Meals On Wheels Volunteers and DayAway Participants

INDIAN RIVER COUNTY, FL – Senior Resource Association (SRA) announces generous funding from the John's Island Foundation supporting a capital project enhancing two of the nonprofit organization's flagship programs. Meals on Wheels and DayAway Adult Enrichment and Respite are beneficiaries of five retractable outdoor awnings to protect volunteers, senior participants, and staff from inclement weather and harsh summer sun.

SRA's two centers housing these vital programs and boasting colorful new awnings funded by John's Island Foundation are located in Vero Beach and Sebastian. At both locations, remote controlled, large durable canopies provide protection for SRA's Meals on Wheels volunteers and staff as they coordinate Monday-Friday deliveries to seniors unable to shop for, prepare their own meals and/or afford their own food. For many, these deliveries are their only meals of the day and recipients' only social connection until tomorrow's volunteer arrives with lunch and a warm smile.

Also at both locations, SRA's DayAway participants and staff enjoy the awnings' protection on rainy and on hot, sunny days. DayAway provides stimulating therapeutic daily options for seniors whose cognitive and/or physical decline makes it unsafe for them to remain home alone. While their caregivers work, attend personal appointments and recharge, loved ones with such diagnoses as Alzheimer's, other dementia, traumatic brain injury or stroke are safe and secure with SRA's licensed professional staff. Outdoor activities such as gardening help to keep DayAway participants engaged, active and able to remain living in their own homes for a longer period of time.

"We are extremely grateful to John's Island Foundation for its wonderful support," said Senior Resource Association CEO Karen Deigl. "This grant makes a difference in two key SRA services. We've been able to improve conditions for the dedicated volunteers we rely upon Monday-Friday to feed vulnerable seniors and also to enhance the daily experiences of those entrusted to our DayAway team by their caregivers. SRA is here to help vulnerable seniors and support from John's Island Foundation enables us to continue elevating our services."

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Senior Resource Association (SRA) is a non-profit organization and the Lead Agency for home and community-based care for seniors in Indian River County. Since 1974, SRA has been a valuable resource for older adults, meeting the needs of seniors and caregivers with such diverse programs and services as Meals on Wheels, DayAway Adult Enrichment & Respite, Public Guardian Program, In-Home Services, and GoLine and Community Coach transportation services. For more information about Senior Resource Association's programs and services, email info@sramail.org or phone 772.569.0760.